**NSA Souda Bay**

**Mental Health Resources**

**Emergency Crisis on base dial 911, off base dial (+30) 282-102-1911**

**Fleet and Family Support Center**

FFSC services are open to all U.S. military personnel, civilians, contractors and family members. Counseling is available for individuals (adult and adolescents), couples and families.

• Duty phone: (+30) 694-043-1130

• Office phone: DSN 314-266-1690, (+30) 282-102-1690

**Chaplain**

Chaplains offer 100 percent confidential counseling with no reporting requirements on a wide variety of issues to religious and non-religious personnel. Chaplain services are open to all military personnel, civilians, contractors and family members.

• Duty phone: (+30) 684-043-1151

• Office phone: DSN 314-266-1206, (+30) 282-102-1206

**U.S. Naval Hospital Behavioral Health**

Adult services are available upon referral from a primary care manager. Services are open to all military personnel and adult family members. Limited services are available for adult civilians and contractors.

• DSN 314-629-6306, (+39) 081-811-6306

**Military OneSource**

Counseling Services are open to all U.S. military personnel and family members.

• 24/7 Worldwide toll-free: 00-800-342-9647

• 24/7 Worldwide collect: 001-703-253-7599

• 24/7 Sprint: 008-001-411, then 800-342-9647

• U.S toll-free: 1-800-342-9647, DSN: 800-342-9647

• 24/7 Online chat [**https://livechat.militaryonesourceconnect.org/chat**](https://livechat.militaryonesourceconnect.org/chat)

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