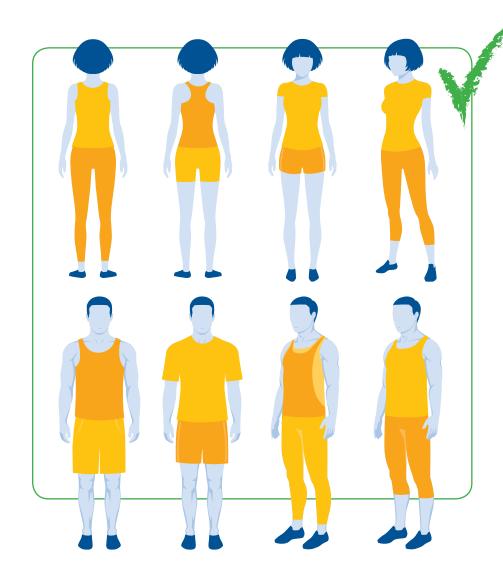
# NAVY MWR FITNESS CENTER PROPER ATTIRE



# PROPER ATTIRE

### **Tops**

Tops that meet the top of the shorts or pants and do not expose excessive amounts of midriff, back or chest/cleavage

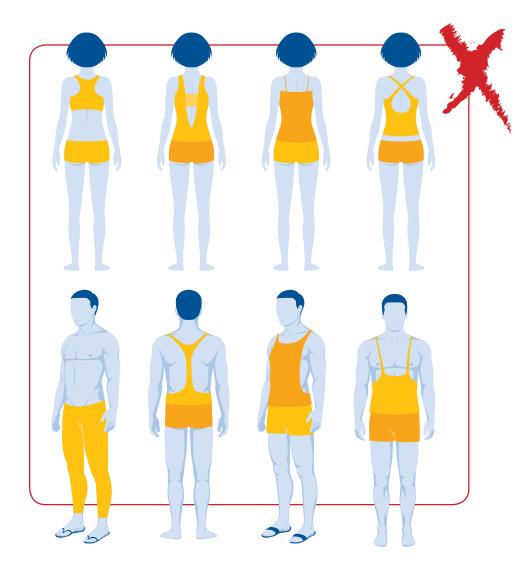
#### **Bottoms**

Shorts/pants that provide adequate coverage of the buttocks

#### Footwear

Appropriate athletic shoes (i.e., tennis, running, court, cross-training, minimalist footwear)

Additional info:



# IMPROPER ATTIRE

## **Tops**

Tops or shirts that expose undergarments, midriff or excessive amounts of back or chest/cleavage (i.e., backless, custom or muscle tanks)

#### **Bottoms**

Swimwear, saggy pants or shorts exposing any portion of the buttocks or undergarments while exercising

## **Footwear**

Bare feet or open-toed shoes (e.g., flip flops, sandals), high heels or clogs

Note: Clothing, jewelry and tattoos that are prejudicial to good order, discipline and morale are prohibited.

Additional info:



